

# Empathy

Yesterday was Empathy Day. Empathy is the ability to understand and share the feelings of others. Sometimes it is referred to as 'stepping into someone else's shoes' and seeing things from their perspective.

Below are some scenarios for you to think about. For each scenario write about how you think the person is feeling and how you could respond.

**Hayley just got 'out' of a game of musical statues.**

How do you think Hayley feels? \_\_\_\_\_

How could you respond? \_\_\_\_\_

**Dylan got his maths test back and achieved a high score.**

How do you think Dylan feels? \_\_\_\_\_

How could you respond? \_\_\_\_\_

**Thomas shared that this cat died at the weekend.**

How do you think Thomas feels? \_\_\_\_\_

How could you respond? \_\_\_\_\_

**Liam is playing on his own at playtime.**

How do you think Liam feels? \_\_\_\_\_

How could you respond? \_\_\_\_\_

**James fell over in front of the whole class.**

How do you think James feels? \_\_\_\_\_

How could you respond? \_\_\_\_\_