

Monday 1st March – Reception – Please check Tapestry regularly as teachers will upload videos to support with Maths, Phonics and other EYFS skills.

Have an active start to the day

EYFS

LOCOMOTION

MONDAY

30mins



ACTIVITY

Egg Hunt

- Using balls or items that can represent balls, and place the balls around the area.
- Participants must hop or jump moving around the area trying to find the balls.
- If they find one of the balls they bring it back to the 'nest' which can be a box to place it in, participants can then continue to find the rest.

EQUIPMENT NEEDED

- Space
- Music as time limit if you wish
- Balls to hide around the area/s
- Box for the nest

How can you demonstrate self belief throughout this challenge?

TECHNICAL / TACTICAL

- The importance of moving around recognising the space and awareness of what is around you. When jumping or hopping making sure knees are bent. Working on quick reaction to 'freeze and stay balanced.

MAKE IT EASIER...

Using only one area for the items to have been hidden i.e. just in the kitchen etc.

MORE OF A CHALLENGE

Using a larger space for the participants to search for the items, this could be the whole house. Encourage participants to also throw the balls into the box to work on their throwing skills.

MAKE IT INCLUSIVE

This can be done in a large space, small space however you wish to do so.

LEAD OTHERS

Create a point system for your family and see who can collect the balls in the quickest time. Each time the ball goes in the box it is a point, if you miss, it cracks so no point.

Daily Read, Write, Inc lessons

https://www.youtube.com/channel/UCo7fbLgY2oA_cFCI9GdxtQ - Please head to the Ruth Miskin YouTube page to access daily Read, Write Inc lessons that are taught by a RWI expert.

If you are unsure on how to pronounce the sounds – this video is very useful for parents

<https://www.youtube.com/watch?v=TkXcabDUg7Q>

Read Write Inc Phonics Desktop Speed Sounds Chart

Speed Sounds Set 1

| | | | | |
|---|----|----|----|----|
| m | a | s | d | t |
| | | | | |
| i | n | p | g | o |
| | | | | |
| c | k | u | b | f |
| | | | | |
| e | l | h | sh | r |
| | | | | |
| j | v | y | w | th |
| | | | | |
| z | ch | qu | x | ng |
| | | | | |

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Speed Sounds Set 2

| | | | | |
|----|----|-----|-----|----|
| ay | ee | igh | ow | oo |
| | | | | |
| oo | ar | or | air | ir |
| | | | | |
| ou | oy | | | |
| | | | | |

Speed Sounds Set 3

| | | | | |
|-----|-----|-----|-----|-----|
| ea | oi | | | |
| | | | | |
| ā-e | ī-e | ō-e | ū-e | aw |
| | | | | |
| are | ur | er | ow | ai |
| | | | | |
| oa | ew | ire | ear | ure |
| | | | | |

Phonics Activity

Please see the attached sheets to complete the 'oo' and 'ee' phonics activities. You may wish to resist these phonics lessons on YouTube. Ask the children to correctly match the image with the word in the box. Children may need some assistance in sounding out.

Maths (Measuring short periods of time)

Hide and Seek!

Have a game of hide and seek with your children. This is a fun activity to help children become aware of a certain amount of time. Explain to the children (you may like to use a prop like a teddy) that you are going to count really quickly 1-10. Then ask some key questions e.g Would you have time to hide? Why wouldn't the game of hide and seek be fair? What would happen if I counted really quickly like this?

Explain and demonstrate a reasonable time and pace when counting to 10. Encourage turn taking and counting as slowly and carefully as you did.

Writing – The Life Cycle of a Penguin

<https://www.youtube.com/watch?v=IPXwa7ME-GI> watch this short video to understand the life cycle of a penguin.

Using the attached documents, can you order the life cycle of a penguin by using the pictures? I have also added a caption for the picture, can you match these correctly too? You could re-draw the images in the boxes or cut and stick.

Your second task is to write a sentence using your phonics and finger spaces, remembering one of the facts we have heard from the video.

Please email the admin email if you need any help and Mrs Power or Mrs Marshall will forward on emails to us. We will continue to set daily activities to have a go with at home. Stay safe everyone, we miss you already! **Please pop all activities you do onto Tapestry where we can have a look, comment and guide you on next steps and challenges.** Miss Wilkinson and Mrs Simpson