

Empathy

Yesterday was Empathy Day. Empathy is the ability to understand and share the feelings of others. Sometimes it is referred to as 'stepping into someone else's shoes' and seeing things from their perspective.

Below are some scenarios for you to think about. For each scenario write about how you think the person is feeling and how you could respond.

Hayley just got 'out' of a game of musical statues.

How do you think Hayley feels? _____

How could you respond? _____

Dylan got his maths test back and achieved a high score.

How do you think Dylan feels? _____

How could you respond? _____

Thomas shared that this cat died at the weekend.

How do you think Thomas feels? _____

How could you respond? _____

Liam is playing on his own at playtime.

How do you think Liam feels? _____

How could you respond? _____

James fell over in front of the whole class.

How do you think James feels? _____

How could you respond? _____